2131 O Street NW Washington, DC 20037

Postage Information

Your Return Address Street Number and Name City, State ZIP Code

UP COMING EVENTS

December 10-Resident
Christmas party
December 15- Resident
Council meeting
December 17- Holiday movie
December- 24 Gift
Giving/Christmas Caroling
December- 31New Year's
party
Virtual - face time/zoom calls

One to One activities will be held on all

floors

DECEMBER

MONTHLY BIRTHDAY

DERAMUS, DORIS
EVANS, EDITH
FITZGERALD, CHERRI
GIBSON, CHARLES
JACKSON, REGINALD
JOHNSON, DEBRA
KEISER, ARTHUR
MUSGROVE, DOUGLAS
RICH, NELLIE
RUFFIN, EMMA
ULMER, CHRISTINE
WADE, CHARLES
WARREN, LOIS
WEAVER, ROBERT



Inspire News

2131 O Street NW Washington, DC 20037

December 2021

DECEMBER

December 1
National eat a red Apple Day

December 4 National Cookie Day

December 8 National Brownie Day

December 15 National Cupcake Day

December 21 Crossword Puzzle Day

December 25 Christmas Day

December 28
National
Chocolate
Candy Day
December

December is the month

When families get together

To celebrate the holidays

In cold and snowy weather

We say hello to Winter

And wave goodbye to Fall,

We light some glowing candles

To spread holiday cheer to all

Inspire Executives

Director of Nursing
Odion Imhienintama
Taiwo Oreyomi

Director of Activities
Gale Cooke

Social Workers Kim Sungsook

Rehab Director Hufriya Wadiya

Business Office Nikki Smith

Saciya Gossett

Admissions

Ashley Hyman Kendra Cooper

Human Resources
Jennifer Kellman

Quality Assurance Linda Harris

Dietary Services

Khylin Hines
Helen Akunwafor
Duane Walters

Director of Environmental Services

Valencia Nelson

Director of
Maintenance
Yisroel Waxman

Fun Facts:

Question: What is the highest-grossing Christmas movie up to date?

Answer: Home Alone

Question: Which fairy tale is the gingerbread house Christmas tradition inspired by?

Answer: Hansel and Gretel

Question: What made Frosty come to life in the song "Frosty the Snowman"?

Answer: An Old Silk Hat

Question: What is the famous Christmas beverage that is also known as the "milk punch" with cinnamon?

Answer: Eggnog

Question: Which song did Bob and Doug McKenzie release in 1981 as their own version of a classic Christmas song?

Answer: The Twelve Days of Christmas

Question: What is the traditional Christmas decoration that is less known for being a parasitic plant?

Answer: Mistletoe

Question: What pair of food should you leave for Santa Claus?

Answer: Milk and Cookies

Question: Where did The Nativity take place?

Answer: Bethlehem

Question: What should you hang above the fireplace for Santa

Claus to stuff with gifts?

Answer: Stocking

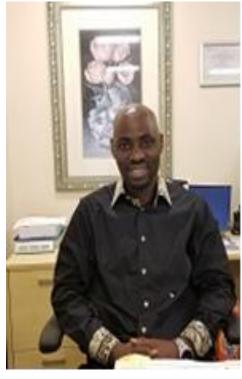
A Message from the Administrator:

Last month, I announced that December 12, 2021 will be my last day as Administrator. I have accepted a Regional Director of Operations position with August Healthcare which operates nursing homes in Virginia. This was not an easy decision for me; the last four years have been one of the best of my professional career. Despite the great opportunities that lie ahead, the decision to leave Inspire has been very painful. I am however excited to leave on a good note especially with the recent published ranking by the U.S News & World Report listing Inspire Rehabilitation & Health Center among the best nursing homes in the United States for the year 2021-22. Out of more than the 15,000 Skilled Nursing Homes in the United States, Inspire Rehab was rated among the

elite 13% that earned HIGH PERFORMANCE RATING!!

I am indeed grateful for all of your support, even in the little things which helped create laughter. Together with one hug we began a friendship, with one smile we united in teamwork and with one word we found a way to end any disagreement. You will always be my family because you all have accepted me for whom I am, you all have always shown that you will do anything to see me smile. This is a family that has shown me love no matter the challenge. This chapter is not the end of our friendship, it is a new beginning, and the end is where we start from especially in our deep desire to rebuild our common purpose.

As I end my tenure as Administrator, I understand that this will be my last newsletter so I would like to part with the good words of Mahatma Gandhi. "I will keep my words positive. Words become my behaviors. I will keep my behaviors positive. Behaviors become my habits. I will keep my habits positive. Habits become my values. I will keep my values positive. Values become my destiny." I hope despite my imperfections, that I have in some little way lived up to the words, behaviors, habits and values to Gandhi. Wishing you all happy holidays, a fun Christmas and a New-year filled with all your heart desires.



Notable Quotes: **December**

I believe this
beautiful month
will bring us
more Love,
Happiness, Good
Health,
Prosperity and
Blessings.